



FREQUENTLY ASKED QUESTIONS



WHAT IS MENTORING LIKE?

Mentors collaborate with participants to identify and achieve their goals, while identifying community connections and resources that will support the participant's success long term.

WHERE DOES MENTORING TAKE PLACE?

Meetings typically take place in the community at places such as local parks, public libraries, and other locations open to the public. Further communication can also happen via phone and text.

DO MENTORS PROVIDE TUTORING?

RSN mentors are not formal tutors, however they can assist a participant in finding resources to support them in meeting their educational goals.

HOW LONG DOES MENTORING LAST?

Participants meet with their mentors for 2 hours per week as long as a participant continues to want mentoring support, or for up to 16 weeks.

HOW LONG BEFORE A PARTICIPANT GETS A MENTOR?

We intend to match participants within 14 days.

WHAT ARE THE EXPECTATIONS FOR THE PARENT/GUARDIAN?

Following initial contact and meetings to sign paperwork and participate in matching the participant, primary care givers will be contacted a few times during the duration of the mentoring relationship to offer feedback. We encourage parents/guardians to support the mentoring relationship throughout the program. This could mean assisting with transportation and logistics. Parents/guardians are always informed by RSN staff and/or mentors about any meetings with the participant.

WHAT ARE THE BENEFITS FOR A PARTICIPANT?

- Individualized 1:1 Mentorship from a specially trained adult who has lived experience or is an ally
- Goal setting and wellness skill building support
- Up to \$100 in E-gift cards

