



What We've Been Up to

RSN Staff and Mentors Celebrating Mentor Appreciation Month



What makes our Mentor Program Unique

RSN's mentor program is built on the belief that **consistent, well-supported relationships change lives**. We currently have **8 dedicated mentors** serving youth and emerging adults in **Orange and Chatham Counties**, with growing reach and are currently offering limited services in Durham County as we expand our regional impact.

We intentionally recruit mentors who bring **lived recovery experience or informed allyship** related to mental health, substance use, or justice system involvement. Our mentors are not only caring adults—they are trained, reliable partners with experience supporting youth and emerging adults and a strong commitment to cultural responsiveness and ethical practice.

What truly sets RSN apart is our **structured, trauma-informed training and supervision model**. Mentors complete specialized pre-service training before being matched with a participant, grounding their work in whole-person wellness, child safety, trauma-responsive care, motivational interviewing, and youth mental health crisis response. This comprehensive preparation ensures mentors are confident, skilled, and accountable from day one.

RSN also prioritizes **ongoing support, not just onboarding**. Mentors receive regular individual supervision, participate in monthly cohort meetings that combine group supervision with skill-building and peer learning, and have access to additional coaching as needed. Continuous feedback, professional development, and annual contract reviews help mentors grow while maintaining high standards of care—creating a program where mentors are supported as deeply as the young people they serve.

👉 **Know someone who would make a great mentor? Share our [Mentor Development Program](#) with them!**

What's News

Welcoming a Colleague back on the Team!

We're thrilled to welcome back a familiar face! Our longtime colleague from the BCOR days, **Meg (Raymond) Mangum**, has returned to RSN as a consultant through her firm, Heartspace Consulting. In this role, Meg is focusing her deep experience on strengthening support for our mentors.

Meg served as RSN's inaugural Program Director under the Building Communities of Recovery (BCOR) grant, where she helped lay the groundwork for the participant engagement and mentor development programs that continue to guide our work today.

Welcome back, Meg—we're so glad to have you on the team again! 🎉

And another welcome addition to Team RSN!

Much gratitude to our UNC Department of Education Intern, **Ellie Vig!** Ellie is a senior at UNC Chapel Hill, studying Human Development and Family Science and Philosophy, with a minor in Spanish for the Legal Professions. She has a passion for social justice and working with youth, with experience as a Direct Support Professional, Camp Counselor, and Office Manager. Ellie plans to attend law school next year to continue pursuing her passion for supporting and empowering others. She is dedicated to being an attentive, empathetic listener and a safe space for anyone. When not working or student-ing, Ellie enjoys reading, playing board games, running (very slowly), and building Legos.

Our Sincere Appreciation to our funders and community partners who continue providing valuable support for our programming:

- **The Oak Foundation**

- Triangle Community Foundation
- Blue Cross Blue Shield Foundation of the Carolinas
- Duke Health, Building Healthy Communities
- Coastal Federal Credit Union
- Orange County Juvenile Crime Prevention Council
- Chatham County Juvenile Crime Prevention Council
- Orange County Partnership for Alcohol and Drug Free Youth
- Orange County Opioid Settlement Funds
- Chatham County Opioid Settlement Funds
- The Boule' Foundation
- Launch Carolinas Leadership Accelerator Cohort

How You Can Contribute

Your individual contributions make a difference in providing essential support to youth and emerging adults impacted by substance use, mental health or justice involvement making our services possible.

Reintegration Support Network
117 West Main Street
Carrboro NC, 27510
www.rsnn.org



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