



# 24/25 Impact Report

**Our Vision:** RSN envisions local communities supporting, inspiring, and empowering youth in all forms of recovery.

**Our Mission:** RSN is a community that embraces, empowers, and inspires youth and emerging adults who experience challenges related to substance use, mental health and justice involvement.

## YOUTH WELLNESS SKILL BUILDING PROGRAM

### Strong Outcomes in 2024-25

The 2024-25 program year was one of growth and impact. We received 36 referrals and successfully engaged 20 participants in our wellness skill-building programs. With the dedication of our mentors, we doubled the number of mentoring hours to more than 664, providing youth with consistent, individualized support.

Our programs continue to demonstrate powerful results:

- 75% of youth successfully completed the wellness program
- 80% achieved three or more wellness goals
- 85% improved in skill development and reduced problem behaviors
- 92% had no new charges after admission

These outcomes show the real difference that mentorship and wellness-focused skill building can make in the lives of young people.

### IMPACT SNAPSHOT

10

Mentors Onboarded &  
Trained

20

Participants Supported

664

Hours of Direct Service

# Building Community Through Enrichment and Connection

This year, we created meaningful opportunities for participants and families to learn, connect, and share their voices:

In partnership with the Carrboro Arts Center, participants and their families explored creativity through a hands-on 3D printing activity, followed by a listening session designed to better understand their needs and aspirations.



Our annual Gratitude Gathering in November brought together staff, mentors, participants, parents, guardians, and funders. The event featured enrichment activities and celebrated the strength and growth of our community.



RSN and Mel's Commissary partnered to host a 4 week Culinary Skills class attended by 8 participants culminating in a meal for participants, mentors, family members and staff.



# INVESTING IN A SKILLED AND SUPPORTED MENTOR TEAM

Over the past year, RSN strengthened our commitment to building a highly trained mentor workforce equipped to serve youth and families facing complex challenges.

We offered a Recovery Coach Academy certification training and celebrated National Mentoring Month with a series of professional development opportunities, including Community Resiliency Model workshops, a Youth Mental Health First Aid training, and a Recovery Coaching Basics training tailored for El Futuro's Latine Adolescent and Young Adult Mental Health Program. At our May mentor meeting, participants also engaged in a Community Resiliency Model overview. We are proud to celebrate three mentors — Sofia Sten, Kylie Williams, and Sam Estes — who earned their Recovery Coach Academy certificates this year.

In total, RSN employed 10 mentors who provided one-to-one mentoring throughout the year, with 8 mentors currently active and offering critical support to youth in our programs.



RSN Mentors April Barber, Pablo Robles, Kylie Williams, Darren Sanders, Gabrielle Scicluna, Sam Estes, Linda Brandariz, Sophie Sten



# Strengthening Our Organization for Greater Impact

This year, RSN made significant strides in organizational growth, thanks in part to a capacity-building grant from the Oak Foundation.

With support from an Oak-funded consultant, we created a comprehensive development and communications plan and launched our first fundraising campaign — a milestone in building long-term sustainability.

Our spring appeal, led by the Development and Partnership Committee, combined a multi-week social media campaign, direct board engagement, and a successful restaurant fundraiser, resulting in strong early fundraising success.

We also invested in board development, successfully recruiting and onboarding eight new members. A focused board retreat helped revitalize leadership and launch the Development and Partnership Committee, which is now guiding our fundraising and partnership strategy.

Recognizing that youth wellness is closely tied to family stability, RSN also incorporated a family resiliency framework into our program model. Caregivers now have access to a resource guide and are invited to participate in mentor training and organizational events, deepening support for the whole family.



(L-R) RSN Board of Directors Tom & Chris McQuiston, Lorenza Wilkins, William Van Hook, Julie Boler, Soyini Abdul-Mateen, Kimberly Guess, Lori Jones, Andrea Hussong, Shalisa Clifton, Tanneshia Dukes, Exec. Dir. Terence Johnson



# The Road Ahead

As RSN continues to grow, we remain focused on expanding our capacity, extending our proven model, and reaching more youth and families across the region. Our priorities for the coming years include:

## Resource Growth

- Reach an annual budget of \$500,000 by 2027 to sustain and expand programs.
- Implement a comprehensive development and communications plan to strengthen fundraising and donor engagement.
- Grow our base of individual donors and corporate sponsors to ensure diversified support.
- Strengthen financial oversight, policies, and procedures for long-term sustainability.

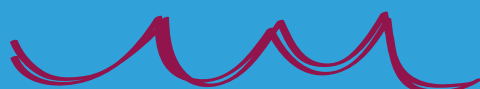
## Program Development

- Expand programming to offer resources and opportunities for caregivers, fostering stronger family support networks.
- Enhance program development and evaluation processes to maximize outcomes and impact.

## Internal Capacity

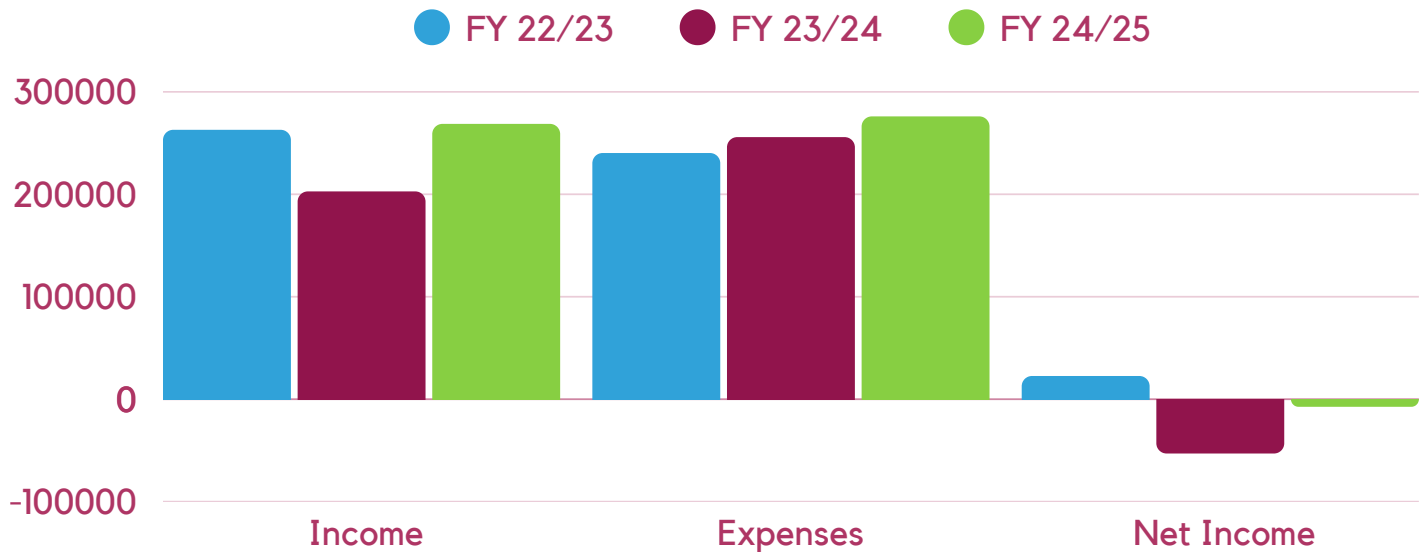
- Integrate technology solutions to streamline administrative tasks and improve efficiency.
- Increase the capacity of our programming team to serve more participants and respond to growing community needs.

Through these initiatives, RSN is committed to building a stronger organization, empowering caregivers, and expanding access to mentorship and wellness support for youth across Orange, Chatham, Alamance, and Durham counties.



## FUNDS RAISED 2024/25

*\$268,620*



### GRANTS & SPONSORS

### AMOUNT

### DETAILS

Individual &  
Corporate

\$13,650

- Coastal Federal Credit Union
- Essential Partners

Foundations

\$151,585

- Blue Cross Blue Shield Foundation
- Oak Foundation
- Duke Health Foundation
- Triangle Community Foundation
- Boule' Foundation

Juvenile Crime Prevention  
Council (JCPC)

\$67,600

- Orange County

Partnership For Success

\$15,785

- Orange County Partnership for Drug & Alcohol Free Youth

Government Grants

\$20,000

- Orange County Opioid Settlement



# We couldn't have done it without your generous *support.*

## Thank you

to all our donors!

- Blue Cross Blue Shield Foundation
- Oak Foundation
- Triangle Community Foundation
- Duke Health
- Orange County Juvenile Crime Prevention Counsel
- Orange County Partnership for Success Funding
- Orange County Opioid Settlement Funds
- Coastal Federal Credit Union Foundation
- Essential Partners
- Shared Visions Foundation
- The Boule' Foundation

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