



22/23 Impact Report

OVERVIEW

Our Vision: RSN envisions local communities supporting, inspiring, and empowering youth in all forms of recovery.

Our Mission: RSN is a community that embraces, empowers, and inspires youth and emerging adults who experience challenges related to substance use, mental health and justice involvement.

TESTIMONIALS

"I am so glad I met Linda through RSN. I feel very comfortable hanging out with her and feel like she is someone I can rely on when I am dealing with difficult feelings. She is someone who can understand certain things that other people might not be able to. She's helped me explore new hobbies and work through situations with family, friends, and relationships, and is always there to offer support! I am incredibly grateful to have her in my life."

"Having a mentor is like having someone you can talk to about anything and they don't judge. and joining the youth zooms makes me feel like i'm not alone"

"I love being able to share my experience with a young person and they actually get something out of it. Just sharing about having supper in place so there's always someone to talk to, about anything. [What I've learned is] let them talk. I will listen."

IMPACT SNAPSHOT

9

Mentors Onboarded &
Trained

32

Participants Supported

326

Hours of Direct Service

WHAT WE WERE UP TO IN 2022/23



PROJECTS

DETAILS

OUTCOME

Coalition Building

Partnered with local coalitions to provide individual & group skill building support to youth in Durham & Orange Counties

- Provided 5 Life Skills groups at youth-serving partner organizations
- 21 youth participated in Life Skills groups

Program Enhancements

Added Informal Mentoring to our program model & Implemented Participant Centered Planning within 1:1 Skill Building

- Provided Individual Skill Building to 11 participants
- Partnered with Boomerang Youth, Inc. to provide Informal Mentoring to their program participants

Mentor Trainings

RSN developed a comprehensive training library & an onboarding schedule that includes Youth Mental Health First Aid, Harm Reduction, Cultural Competency, LGBTQ+ 101, and Working with Young Adults.

- RSN mentors receive 60 hours of specialized training prior to engaging with participants.
- 2 RSN mentors took part in RSN's first in-person Recovery Coach Academy

Outreach & Education

RSN provided community-focused workshops on Self Care, Motivational Interviewing, Rolling with What Looks Like Resistance, Group Facilitation and Approaching with a Trauma-Informed Lens

- Provided 11 workshops to youth-serving community partners
- 34 individuals participated in RSN's workshops

We couldn't have done it without your generous *support.*

Thank you to all our donors!

- Blue Cross Blue Shield Foundation
- Fund for Southern Communities
- Oak Foundation
- Strowd Roses
- Town of Carrboro
- Juvenile Crime Prevention Counsel
- Partnership for Success



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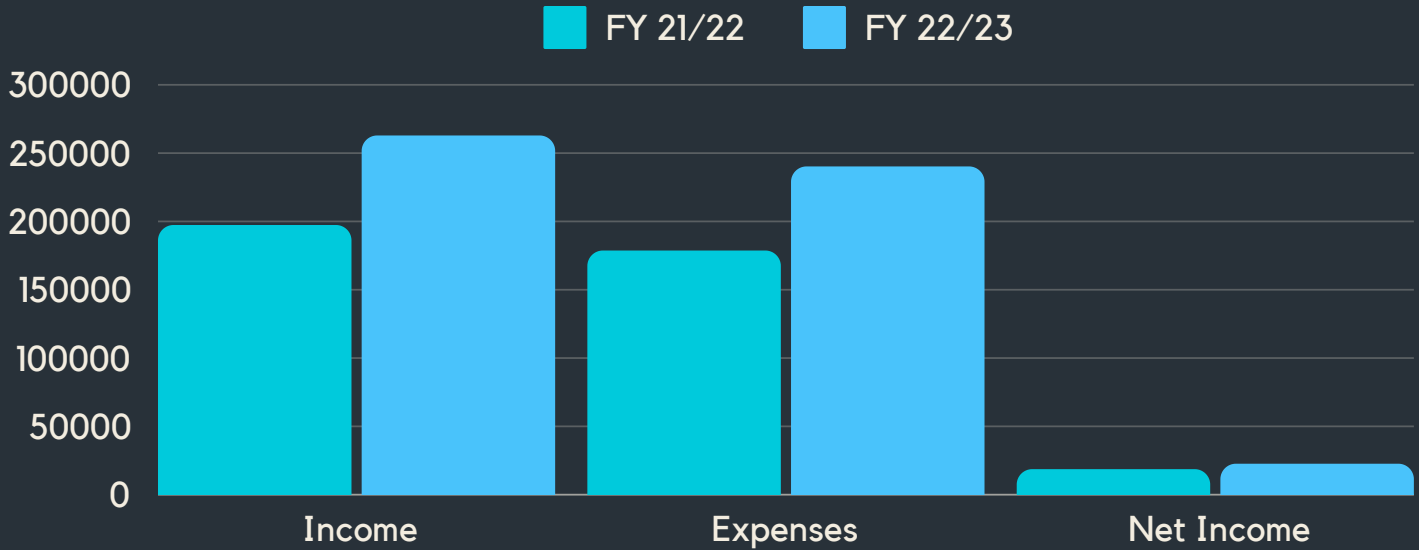


984-777-5282



FUNDS RAISED 2022/2023

\$ 262,911



GRANTS & SPONSORS

AMOUNT

DETAILS

Corporate

\$64,105

- Foundation for Opioid Response Efforts (FORE)
- 100 Women Who Give A Hoot
- Coastal Federal Credit Union

Foundation

\$65,000

- Blue Cross Blue Shield Foundation
- Oak Foundation
- Fund for Southern Communities
- Strowd Roses

Juvenile Crime Prevention Council (JCPC)

\$87,515

- Orange County

Partnership For Success

\$27,652

- Orange County Partnership for Drug & Alcohol Free Youth

Government Grants

\$14,217

- SAMHSA
- Town of Carrboro

LONG TERM OBJECTIVES

To create a healthy, financially sustainable organization committed to inclusive and equitable practices and programming that strives to interrupt the daily systemic and structural pressures that create gaps in opportunities for youth.

To continue supporting youth (ages 13-20), through individual and group skill building programming creating a safe and resilient space for young people to center their needs and build agency while increasing their engagement with self, school, and community.

To support the families of our participant's, acknowledging the inequities that contribute to youth being impacted by substance use, mental health, and justice involvement.



2022 BOARD STRATEGIC PLANNING

Where We're Headed in 2023/24

Direct Service

PROVIDE INDIVIDUAL SKILL BUILDING TO **20 YOUTH** IN ORANGE COUNTY FOR **1,040 HOURS** OF DIRECT SERVICE

PROVIDE **90 HOURS** OF INFORMAL MENTORING W/IN YOUTH-SERVING PARTNER ORGANIZATIONS

PARTNER WITH ORANGE COUNTY SCHOOLS TO PROVIDE GROUP SKILL BUILDING TO **18-24 YOUTH.**

PROVIDE TWO RECOVERY COACH ACADEMY TRAININGS TO **16-20 INDIVIDUALS** TRAINED AND **1,280 HOURS OF TRAINING**

PROVIDE **5 YOUTH MENTAL HEALTH FIRST AID TRAININGS** TO COMMUNITY PARTNERS

EXPAND DIRECT SERVICES IN CHATHAM COUNTY BY PROVIDING INDIVIDUAL SKILL BUILDING TO **5 YOUTH**

RECRUIT **2-3 BI-LINGUAL MENTORS** TO SERVE IN CHATHAM COUNTY

